

FOR IMMEDIATE RELEASE

Making a New Job Work for You and Your Pet

NAPPS offers tips on effectively transitioning you and your pet to a new career

MT. LAUREL, NJ – July 02, 2012 – Moving up the corporate ladder through a well-deserved promotion will likely increase your confidence, pay check and of course, the time you spend at the office. The additional workload and responsibilities that often accompany a promotion or a new job may also present challenges when attempting to balance your professional and personal life. Next time you bid Fido or Fluffy farewell (and grab the lint-roller as you run out the door), keep in mind that your furry friend is also faced with adjusting to your new schedule and the increased time you spend away from home.

The National Association of Professional Pet Sitters (NAPPS), a nonprofit organization dedicated to promoting the welfare of animals, encourages pet parents to consider hiring a professional pet sitter who can provide quality care for Fido when you're stuck at the office.

“Professional pet sitters are excellent resources during these times of change,” said John D’Ariano, president of NAPPS. “Pet sitters are experienced and trained to provide your furry loved one with the professional care and trusted companionship he deserves.”

Whether you're tied up at the office or putting in extra hours of work from home, your focus doesn't have to drift away from the task at hand. A professional pet sitter can offer you the time you need to concentrate on a project or meet a deadline, without worrying about your playful pup's distracting behavior. A pet sitter can offer Fido the undivided attention he needs while you complete your day's work.

For pet parents experiencing a change in their job, NAPPS offer these tips:

- Slowly transition into your new routine; your pet will find it easier to gradually adjust to the change.
- Pets can recognize their human companion's anxiety; try to avoid stressful behavior while you attempt to adjust to your new schedule.
- Engage in exercise. A brisk morning walk can be you and your pet's new routine to start each day.
- Allow your pet to have access to things that are familiar and comfortable. For example, if he has a favorite bed to sleep in, be sure he can enjoy that sanctuary while you're away.

As you continue (or begin) your new job search, keep your favorite pet pal in mind; these exciting life changes are part of your pet's life, too! Allowing for a smooth transition for your pet will make the new endeavor much more thrilling.

About NAPPS: NAPPS is the only national non-profit trade association dedicated to serving the needs of professional pet sitters. The Association aims to help the pet owning public, those interested in pet sitting, and professionals engaged in the in-home pet care industry by fulfilling its vision statement, serving as “the most respected authority in professional pet sitting.” It does

so by providing the tools and support to foster the success of its members. Additionally, pet parents can benefit from NAPPS' free resources including a disaster preparedness guide, tips on how to select a pet sitter, and a nationwide referral service,. To find a pet sitter in your area, check out NAPPS' nationwide "Pet Sitter Locator" at www.petsitters.org. For more information on NAPPS, please follow [@TheNAPPS](https://twitter.com/TheNAPPS) on Twitter or join us on Facebook at facebook.com/TheNAPPS.

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